

Life

BODY & SOUL.
life, love & hiv

In my Shoes

LESSON 4

HATE

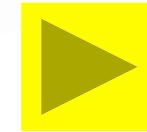


ACTIVITY 1

MAKING SENSE OF HATE



PLAY FILM



1. Identify examples of stigma in this scene
2. Why do you think the young people at the bus stop attacked her? What was their motivation?
3. Do you think they would have acted that way if they didn't have 'strength in numbers'?
4. Is there always an instigator?
5. Do you think anybody gained anything from this kind of behaviour?
6. What impact did this experience have on Blessing?
7. Can you find examples of 'self-stigmatising'?

ACTIVITY 2



WHAT IS STIGMA?

Brainstorm a working definition

ACTIVITY 3

IN THE HOT SEAT

Stephanie

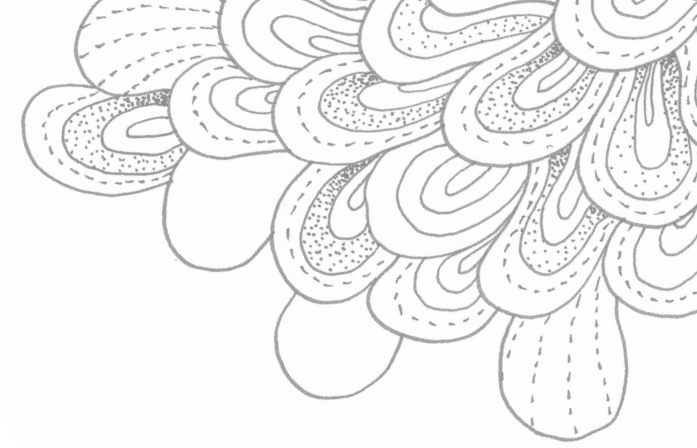
“You’re the one with the problem”

Mean girls

“Don’t come round here spreading your disease. You’re disgusting. What you looking at slag? No one likes you. You little tramp. Look at you... Who’s going to want you?”

Mrs Radcliffe

“Listen to me... don’t let her near my baby, do you understand?”



ACTIVITY 4

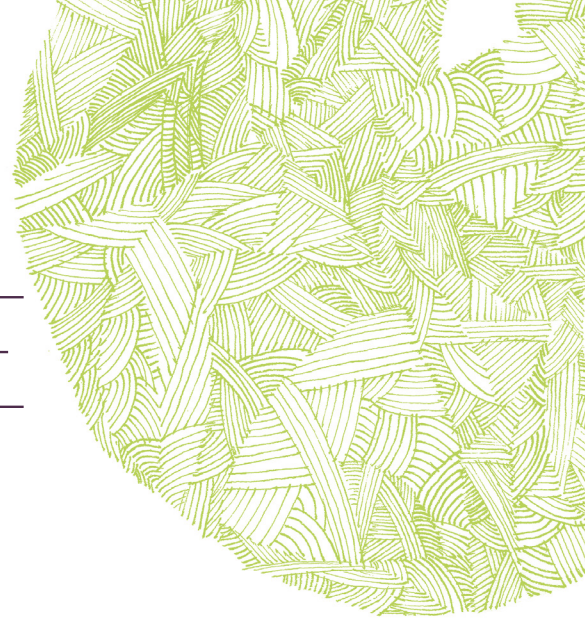
YOU

Think about when you have been in a position where your actions were fuelled by, fear, ignorance, hate or anger

| | | What did you do? How did you behave? | How did that make you feel? | Did your response make you feel better/worse | Was it a short term or long term solution? | What would have helped? |
|-----------|--------------------------|--------------------------------------|-----------------------------|--|--|-------------------------|
| Fear | <i>Fuelled me to....</i> | | | | | |
| Ignorance | | | | | | |
| Hate | | | | | | |
| Anger | | | | | | |

ACTIVITY 5

SPOTLIGHT ON HATE



PLAY FILM

